

HARMONOGRAM KRYTEJ PŁYWALNI OSIR SOKÓŁKA W OKRESIE WRZESIEŃ 2021 r. - STYCZEŃ 2022 r.

| Godzina Dzień | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
|------------------|--------------|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|----|----|----|-------|--|--|----|-------|--|--|----|-------|--|--|----|-------|--|--|--|-------|--|--|--|----|--|--|--|----|--|--|--|----|--|--|--|---|
| | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | 15 | 30 | 45 | 60 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| poniedziałek | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| wtorek | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| środa | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| czwartek | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| piątek | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| sobota | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | | | | | | | | | |
| Godzina | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | 22 | | | | | | | | | | | | | | | | | | | | | |
| niedziela | TOR 1 | 1 | | | | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - |
| | TOR 2 | 2 | | | | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | |
| | TOR 3 | 3 | | | | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | |
| | TOR 4 | 4 | | | | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | |
| | TOR 5 | 5 | | | | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | |
| | TOR 6 | 6 | | | | 7 | | | | 8 | | | | 9 | | | | 10 | | | | 11 | | | | 12 | | | | 13 | | | | 14 | | | | 15 | | | | 16 | | | | 17 | | | | 18 | | | | 19 | | | | 20 | | | | 21 | | | | - | | | | | | | | | | | | | | | | | | | | |
| | 1/2 BRODZIKA | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | 1/2 B | | | | - | | | | | | | | | | | | | | | | | | | | |

NAUKA I DOSKONALENIE
PŁYWANIA, OSWAJANIE
Z WODĄ OSIR SOKÓŁKA

AEROBIK

SEKCJE PŁYWACKIE

Zajęcia z pływania
w ramach programu
"UMIEM PŁYWAĆ"

NAUKA I DOSKONALENIE
PŁYWANIA
SZKOŁY

ZAJĘCIA INDYWIDUALNE
OSIR SOKÓŁKA

STRONA SZATNI
TOR 1
TOR 2
TOR 3
TOR 4
TOR 5
TOR 6
STRONA OKIEN